



Arlington Masters
Velo Club



Present the:

2014 MABRA and MD/DC/DE/VA Track Championship Saturday, August 2nd and Sunday August 3rd 2014

USA Cycling Permit 2014-797

MABRA BAR Event

Valley Preferred Cycling Center, Trexlertown PA

Awards: MABRA jersey eligibility for Omnium winners. MABRA medals and state medals for Maryland/District of Columbia and Delaware in the Omnium. MABRA BAR points awarded based on Omnium results. State medals for Virginia for sprints, 500m/1km time trial, 2km/3km/4km time trial, and points races. Medals are for top three places.

State championship medals also will be awarded in Para Cycling classes for the top three MD&DC, DE, VA, and PA residents in each event. Para Open Men, Para Open Women, Physical Disability Men, and Physical Disability Women races are MABRA BAR events.

Winners of the Women's 35+, Women's 45+, Men's 35+, Men 45+, Men's 55+, Men's 65+ Championships will be eligible to wear the MABRA Championship jersey the following race season. Medals will be awarded to the winner of each 5-year age increment (i.e. Women's 35-39, 40-44, etc. through age 65, and Men's 35-39, 40-44, etc. through age 85).

Eligibility: USAC licensed riders who reside in Maryland, the District of Columbia, Delaware, or Virginia, as well as members of MABRA clubs regardless of residence, may enter the Omnium competition. Other USAC riders, including one-day licensees, may enter the Out-of-Competition events.

Riders are eligible to win a MABRA Championship if USAC records as of the date of the race show that the rider's racing club, as printed on his/her license, is a member of MABRA, or if the address on their USAC license is within the MABRA geographic boundaries.

Scoring: Omnium competition is scored based on a lowest score method. Points are awarded in each of four events, with points equal to placing in that event (1, 2, 3, etc). If a rider does not start an event, they are given points equal to the number of starters in that event plus one point. If a rider does not finish an event, they are assigned points based on the order they withdrew.

Events: The four Omnium events are list below. Only MABRA/MD/DC/DE/VA riders are eligible to compete in the Omnium.

1. *500m/1km Time Trial* -- Will be run two-up, with riders starting at opposite sides of the track. Pairings will started in numerical order within each class. Riders should provide their own holder for the start. Road or time trial bikes are permitted in the 500m/1km time trial, but only with quick releases taped and no shifting allowed.
2. *2km/3km/4km Time Trial* -- Will be run two-up, similar to the 500m/1km time trial. Riders should provide their own holder for the start. Road or time trial bikes are permitted in the 2km/3km/4km time trial, but only with quick releases taped and no shifting allowed.
3. *Points Race* -- Riders must have previous track racing experience or have successfully completed a formal track racing clinic to be eligible for the points race. Minimum field for each points race is 5 riders. Fields may be combined to meet minimums. Only track bikes, without aero bars, are permitted in the points race.
4. *Sprints* -- Sprint matches will be seeded based on times from a 200m time trial. The top eight 200m times in each class will qualify for the match sprints. Match sprint rounds will each be 2 laps. Sprint places for riders who do not qualify will be determined by 200m time trial results. In the event of rain or other delays, sprint matches may be reduced or eliminated. If sprint matches are eliminated, results will be determined by 200m time trial times. Only track bikes are permitted in the sprints. Road or time trial bikes are not permitted in the sprints or 200m time trial. Aero bars are not permitted in the sprints or 200m time trial.

Out-of-competition events are as listed below. These will be conducted similar to the Omnium events, but will not score towards the Omnium or receive awards. All USAC licensed riders, including on-day licensees, are eligible for the Out-of-Competition events.

1. 200m Time Trial
2. 500m/1km Time Trial
3. 2km/3km/4km Time Trial
4. Points race
5. 4km Team Time Trial (3 or 4 riders per team)

Championship Classes: Ten classes are as listed below along with the distances for Omnium events in that class. Each Omnium event will generally be run in order of class (Juniors 9-14 first, Men 1/2/3 last). Out of competition events will generally be run at the end of each corresponding Omnium event.

1. Junior 9-14 (500m, 2km, 9 lap points, sprints)
2. Masters Wm 35+ (500m, 2km, 15 lap points, sprints)
3. Masters Wm 45+ (500m, 2km, 15 lap points, sprints)
4. Masters Men 55+ (500m, 2km, 15 lap points, sprints)
5. Masters Men 65+ (500m, 2km, 15 lap points, sprints)
6. Women 1/2/3 (Cat 4 allowed) ... (500m, 3km, 15 lap points, sprints)
7. Junior 15-18 (1km, 3km, 15 lap points, sprints)
8. Masters Men 35+ (1km, 3km, 20 lap points, sprints)
9. Masters Men 45+ (1km, 3km, 20 lap points, sprints)
10. Men 1/2/3 (Cat 4 allowed) (1km, 4km, 20 lap points, sprints)

Junior results will be further broken out for the following groups, with medals awarded but no championship jersey eligibility:

- Junior 9-12 Boys
- Junior 9-12 Girls
- Junior 13-14 Boys
- Junior 13-14 Girls
- Junior 15-16 Boys
- Junior 15-16 Girls
- Junior Men 17-18
- Junior Wm 17-18

Para Cycling Classes:

Three time trial events are offered for six classes of para cyclists. The following classes and distances apply.

1. Para Open Men - C4/C5 (1km, 4km, 200m)
2. Para Open Women - C4/C5 (500m, 3km, 200m)
3. Physical Disability Men - C1/C2/C3 (1km, 3km, 200m)
4. Physical Disability Women - C1/C2/C3 (500m, 3km, 200m)
5. Tandem Men - B (1km, 4km, 200m)
6. Tandem Women - B (1km, 3km, 200m)

Schedule:

Championship is held over two half-days. Saturday is estimated to complete by about 4:30 PM, and Sunday is estimated to complete by about 1:30 PM. Actual completion times will vary depending on number of entrants and the weather.

- Saturday, August 2nd

- 10:30 -11:30 AM Check-in and number pick-up (closes at 11:30, sharp)
- 11:45 AM Mandatory rider meeting
- 12:00 PM 500m time trial

following 500m 1km time trial
following 1km 2km time trial
following 2km 3km time trial
following 3km 4km time trial
following 4km Team time trial

• Sunday, August 3rd

7:30 - 8:30 AM Check-in (closes at 8:30, sharp)
8:45 AM Mandatory rider meeting
9:00 AM 200m time trial
following 200m 9 lap points races
following 9 lap 15 lap points races
following 15 lap 20 lap points races
following 20 lap Match sprint rounds
following sprints Awards

Registration: Pre-registration only, at USA Cycling at <https://www.usacycling.org/register/2014-797> or as arranged with the promoter. Registration closes at 10:00 PM on Wednesday July 30th 2014. **No day-of-race registration**, except pre-registered riders may form teams and sign up for the team time trial on Saturday morning if the team did not register online.

Fees: Entry fees are as follows --

- MABRA Junior Omnium: \$15
- MABRA Omnium: \$55
- Para Cycling (3 time trials): \$39
- Out-of-Competition Junior: \$10 for one day, or \$15 for both days
- Out-of-Competition Individual: \$22 for the first event, plus \$17 for each additional event.
- Out-of-Competition Team Time Trial: \$60 per team

Location: Valley Preferred Cycling Center, commonly known as T-Town Velodrome. Located west of Allentown PA at 1151 Mosser Rd, Breinigsville PA 18031. See www.thevelodrome.com for information on the track.

Weather: In the event of rain, events may be delayed, rescheduled, abbreviated, or eliminated. For forecasts, check the Allentown/Lehigh Valley weather. The promoters will make every attempt to provide status information.

Questions: Email track@lifetime-cycles.com

Directed by Arlington Masters Velo Club and Prince William Elite Racing